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# Role of bile acids in the prediction of hepatocellular carcinoma in HCV-induced liver cirrhosis

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## Abstract

**Background:** Bile acids are essential organic molecules synthesized from cholesterol in the liver and regarded as indicators of hepatobiliary impairment; however, their role in the pathogenesis of hepatocellular carcinoma (HCC) is still unclear. The study aimed to examine the feasibility of bile acids in distinguishing HCC from post hepatitis C virus liver cirrhosis. A UPLC/MS was used to measure 14 bile acids in patients with noncirrhotic HCV disease ( $n = 50$ ), cirrhotic HCV disease ( $n = 50$ ), hepatocellular carcinoma ( $n = 50$ ), and control group ( $n = 50$ ).

**Results:** The progression of liver cirrhosis to HCC was associated with a significant increase in serum bile acids compared to the normal or the noncirrhotic HCV disease ( $p < 0.05$ ). The fold changes in bile acids concentrations showed a trend that HCC > cirrhotic HCV disease > noncirrhotic HCV disease. Four conjugated acids GCA, GCDCA, GUDCA, and TCDCA steadily increased across the different groups. ROC curves analysis revealed that these bile acids discriminated noncirrhotic liver patients from HCC (AUC 0.850–0.963), with a weaker potential to distinguish chronic liver cirrhosis from HCC (AUC 0.414–0.638).

**Conclusion:** The level of serum bile acid was associated primarily with liver cirrhosis, with little value in predicting the progress of chronic liver cirrhotic disease into hepatocellular carcinoma.

**Keywords:** Cirrhosis, Hepatocellular carcinoma (HCC), Liquid chromatography-mass spectrometry; Metabolic profiling

## Background

Bile acids constitute more than 20 molecules synthesized by the liver as primary bile acids cholic acid (CA) and chenodeoxycholic acid (CDCA) then modified by intestinal bacteria into secondary bile acids deoxycholic acid (DCA), lithocholic acid (LCA), and ursodeoxycholic acid (UDCA). Conjugation of the bile acids through the enterohepatic circulation results in more water-soluble bile acids and thus protecting against hepatic cellular damage from the toxic hydrophobic bile acids, which can induce oxidative stress and cell death signaling [1].

Numerous studies related liver cirrhosis to the changes in bile acid metabolism, and high serum bile acids can distinguish liver cirrhosis with higher sensitivity than the traditional liver function tests [2–4]. Bile acids metabolism has a role in cellular processes related to carcinogenesis, e.g., elevated intracellular concentrations of bile acids were associated with oxidative stress and DNA damage both in adult and fetal liver [5, 6]. Bile acid may trigger apoptosis by directly activating the Fas death receptor or through mitochondrial dysfunction secondary to oxidative damage. Therefore, the disturbance in bile acid metabolism could be an early clue in the development of HCC, which is aggressive cancer, with around 90% of cases developing from pre-existing liver cirrhosis [7–10]. Early detection of HCC remains a challenge as it is typically diagnosed at advanced stages [11, 12], and

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there are no clinically approved alternatives to alpha-fetoprotein (AFP) that could form a noninvasive test for early detection of HCC. AFP had a low sensitivity as 40% of HCC patients have normal AFP levels, and only 20% of patients with early HCC have elevated AFP levels [13]. Des-gamma-carboxyprothrombin and lectin-bound AFP (AFP-L3), glypican-3, Osteopontin, or high c-met expression were hypothesized as alternatives, but their sensitivity for HCC remains unsatisfactory especially, for small lesions [14–18]. In this study, a metabolomics approach applying, ultra-performance liquid chromatography coupled with mass spectrometry was conducted to characterize 14 bile acids profiles in the serum of patients with post HCV noncirrhotic liver disease, in HCV cirrhotic liver disease, and post HCV complicating HCC patients, as potential markers for HCC.

### Patients

The study was carried out in the Departments of Biochemistry and Molecular diagnostics of the National Liver Institute hospital, Menoufia University, Egypt, from October 2017 to August 2018 and included three groups. The HCV-noncirrhotic liver disease (NCLD) group ( $n = 50$ ) enrolled patients with a documented HCV infection for  $\geq 6$  months without any clinical or imaging (ultrasound and fibro scan) evidence of liver cirrhosis. The post hepatitis C cirrhotic liver disease (CLD) group ( $n = 50$ ) enrolled patients with liver cirrhosis secondary to previous HCV infection. The post hepatitis C liver cirrhosis complicated with HCC group ( $n = 50$ ) enrolled patients whose HCC developed on the existing liver cirrhosis complicating chronic HCV infection. The NHC group ( $n = 50$ ) enrolled normal, healthy subjects, matching the age and the gender of the other groups with no clinical, laboratory, or imaging sign of liver cirrhosis or focal hepatic lesions. NHC subjects were also free from any other cancers, diabetes mellitus, and obesity and were abstinent from drug abuse and alcohol consumption.

### Inclusion criteria

Liver cirrhosis based on the established clinical findings, liver function tests, and positive serological tests (anti-HCV antibody and HCV- RNA PCR tests), fibro scan  $\geq 14.5$ kPa, and liver ultrasound confirming the characteristic echogenic pattern of liver cirrhosis. The noncirrhotic patients had a history of HCV infection  $\geq 6$  months with positive serological tests without evidence of liver cirrhosis by fibro scan and ultrasound examination of the liver [19]. HCC diagnosis by imaging consisting of single or multiple focal hepatic lesion(s) associated with elevated serum AFP  $> 200$  ng/ml and or detection of HCC by histological examination of the liver biopsy. The study used the standard

Child-Pugh classification in CLD and HCC groups [20] and the Barcelona Clinic Liver Cancer (BCLC) staging system to stage HCC [21]. No history of alcohol intake or illicit drug abuse in all patients enrolled in the study.

### Exclusion criteria

Patients having both HCV and HBV infection, chronic cholestasis, and obstructive gall bladder diseases, liver disease associated with severe renal or systemic diseases as cardiovascular, DM, and obesity were excluded.

### Ethical considerations

The research ethics committees of the National Liver Institute (IRB00003425), Menoufia University, approved the research proposal and the protocols to comply with national research guidelines. Patients provided informed written consent for the use of tissue for research purposes.

### Methods

#### Chemicals and reagents

HPLC grade methanol, acetonitrile, and formic acid were purchased from Fisher Scientific (Daytona plus, Randox laboratories limited, UK). Bile acid standards are as follows: cholic acids (CA), chenodeoxycholic acid CDCA, deoxycholic acid DCA, lithocholic acid LCA, ursodeoxycholic acid UDCA, glycocholic acid (GCA), glycochenodeoxycholic acid (GCDCA), glycodeoxycholic acid (GDCA), glyoursodeoxycholic acid (GUDCA), taurocholic acid (TCA), taurochenodeoxycholic acid (TCDCA), taurodeoxycholic acid (TDCA), tauroursodeoxycholic acid (TUDCA), and tauroolithocholic acid (TLCA) from Sigma Chemical Sigma-Aldrich (Sysmex KX-21, Sysmex Inc., Japan). HPLC grade water from Millipore pure water purification system (Diamond TII, USA).

#### Serum sample collection

Five milliliters of blood were collected from patient and control subjects after overnight fasting about 8–12 h, under a sterile venipuncture, and the extracted serum was stored at  $-80^{\circ}\text{C}$  until UPLC analysis. Blood chemistry was measured by an automatic biochemical analyzer (Bachman Ltd, London, UK).

#### Serum sample preparation and bile acid detection

Serum bile acids were prepared for UPLC/MS/MS as described in [22]. One hundred microliters of the serum sample mixed with 400  $\mu\text{l}$  of ice-cold methanol were centrifuged at 12500 *rpm* for 20 min, and then 50  $\mu\text{l}$  of the supernatant was added to 100  $\mu\text{l}$  of the mobile phase A (0.001% formic acid) where 5  $\mu\text{l}$  was injected into a C18 column (1.7  $\mu\text{m}$ , 100 mm  $\times$  2.1 mm internal

dimensions) of the ultra-performance liquid chromatography at 50 °C (Waters ACQUITY, Milford, MA). The mass spectrometer had an electrospray source operated in the negative ion mode using the multiple reactions monitoring (MRM). Each bile acid was eluted by gradient at a flow rate of 0.5 ml/min, for 2 min with 80% mobile phase A (0.001 formic acid in water) and 20% mobile phase B (acetonitrile), then with a linear gradient of 20% mobile phase B over 5 min followed by mobile phase B at (80%) for 8 min. At the end of each cycle, the column was equilibrated with 80% mobile phase A for 2 min. UPLC-MS raw data obtained with MRM mode were analyzed using Target Lynx application manager version 4.1 (Waters Corp., Milford, MA) to get the quantitative concentration of each bile acid.

#### Calibration curves and method assessment

Seven serially diluted standard calibration points, ranging from 0.125 to 20 µmol/l, and three quality control

(QC) standards points 0.2, 2, and 20 µmol/l were prepared from the 14 bile acids mixture and the QC standard in charcoal-stripped serum. Calibrators and QC standards underwent the sample preparation process described before and were used to calibrate the machine. Calibration curves confirmed that bile acids had a linear response, with a coefficient of determination ( $R^2$ )  $\geq 0.99$ . The recovery was evaluated by comparing the mean detector response of the extracted QC samples at 0.2, 2, and 20 µmol/l in triplicates to the mean detector response of the post-extracted serum blanks spiked at equal concentrations. The accuracy and precision were checked regularly before any assay using three replicates of freshly prepared QC standard samples at 0.2, 2, and 20 µmol/l. Accuracy was calculated from the formula % relative error (RE) [% (measured-theoretical)/theoretical concentration]. Precision was calculated from the formula relative standard deviation (%RSD = % standard deviation/mean). The developed UPLC-MS/MS assay

**Table 1** Demographic, clinical, and hematological parameter of the enrolled groups

	NHC	NCLD	CLD	HCC
Age, mean (range)	45 (34–73)	46 (36–69) <sup>NS</sup>	46 (37–70) <sup>NS</sup>	46 (37–69) <sup>NS</sup>
BMI (kg/m <sup>2</sup> )	23.5 ± 0.4	23.6 ± 0.3 <sup>NS</sup>	22.9 ± 0.3 <sup>NS</sup>	23.4 ± 0.3 <sup>NS</sup>
Sex				
Male	25 (50%)	19 (38%)	29 (58%)	15 (30%)
Female	25 (50%)	31 (62%)	21 (42%)	35 (70%)
AFP ng/ml, median (IQR)	1.7 (0.8)	2.3 (1.2) <sup>NS</sup>	3.7 (4.4)*	68.4 (877)*
Child-Pugh class, A/B/C			38 (76%)/8 (16%)/4 (8%)	18 (36%)/17 (34%)/15 (30%)
HFL, single/multiple				19 (38%)/31 (62%)
Metastasis, No/Yes				46 (92%)/4 (8%)
Lymph node, No/yes				43 (86%)/7 (14%)
PV invasion, No/yes				50 (100%)/0 (0%)
Barcelona, HCC stage A/B/C				36 (72%)/10 (20%)/4 (8%)
AST (IU/L)	20.7 ± 6.5	39.8 ± 34.4*	56.6 ± 35*	55.4 ± 29.2*
ALT (IU/L)	20.2 ± 8.6	41.3 ± 36.7*	41.9 ± 44.2*	31.9 ± 18.5*
GGT (IU/ml)	23 ± 13	35 ± 22*	71 ± 53*	73 ± 61*
ALP (IU/ml)	60.3 ± 22.6	74.5 ± 47 <sup>NS</sup>	113.5 ± 57*	117.2 ± 49.2*
TBil (mg/dl)	0.5 ± 0.2	0.6 ± 0.3*	1.5 ± 1.6*	1.5 ± 1.2*
DBil (mg/dl)	0.2 ± 0.1	0.2 ± 0.1 <sup>NS</sup>	1.2 ± 1.7*	0.8 ± 0.7*
ALB (g/dl)	4 ± 0.2	4.7 ± 0.3	3.5 ± 0.8*	3.3 ± 0.7*
TP (mg/dl)	7 ± 0.9	8 ± 0.4 <sup>NS</sup>	8 ± 0.7 <sup>NS</sup>	7 ± 0.7*
Hb (g/l)	134 ± 12	131 ± 15 <sup>NS</sup>	119.8 ± 20*	120 ± 20*
Platelets x (10 <sup>9</sup> /l)	290.9 ± 72.2	259 ± 91 <sup>NS</sup>	132.3 ± 63.8*	128.7 ± 63.1*
WBCs x (10 <sup>9</sup> /l)	7.3 ± 1.4	6.9 ± 1.5 <sup>NS</sup>	5.4 ± 2.3*	5 ± 1.9*

NHC normal healthy control, CLD cirrhotic liver diseases, HCC hepatocellular carcinoma.  $N = 50$  for each group, value = mean ± standard deviation, median; IQR interquartile range, \* $P$  value < 0.05 indicates significance when NHC compared to NCLD, CLD, and HCC. <sup>NS</sup> $P$  value > 0.05 indicates non significance when NHC compared to NCLD, CLD, and HCC. BMI body mass index, HFL hepatic focal lesion, PV portal vein, AST aspartate transaminase, ALT alanine transaminase, GGT gamma-glutamyl transferase, ALP alkaline phosphatase, TBil total bilirubin, DBil direct bilirubin, TP total protein, Alb albumin, Hb hemoglobin, WBCs white blood cells

method had the capability of quantitation of all the 14 bile acids included in the study. The assay performance was accurate and precise for bile acid analysis in the human serum [22].

**Statistical analysis**

Data were analyzed using SPSS 23 (SPSS Inc., CA, USA). The nonparametric Kruskal Wallis test and the Mann-Whitney test were used to detect the significance in multiple comparisons. The receiver operating characteristic (ROC) curve was used to assess the ability of bile acids to distinguish healthy subjects from patients with liver diseases.  $AUC \geq 0.8$  was considered as a significant test result to discriminate between two groups. Youden's index or  $J$  obtained from equation  $J = [(sensitivity + specificity) - 1]$  was applied to select a cutoff, where the sensitivity and the specificity are maximal. Pearson correlation analysis was used to assess relationships between the serum bile acids and AFP. Multivariate analysis was used to detect the predictive potential of bile acids to HCC [23, 24].

**Results**

**Clinical characteristics and laboratory parameters of study groups**

Table 1 presents the anthropometric and clinical parameters of the NCLD, CLD, and HCC groups. Patients were matched by age, gender, and body mass index (BMI) to control the biological and lifestyle confounders. These parameters did not show any significant

differences across groups, all  $P > 0.05$ . In the NCLD group, all 50 patients had a well-compensated liver function. In the CLD group, the patients were Child-Pugh A ( $n = 38$ ), Child-Pugh B ( $n = 8$ ), and Child-Pugh C ( $n = 4$ ). The HCC patients were Child-Pugh A ( $n = 18$ ), Child-Pugh B ( $n = 17$ ), and Child-Pugh C ( $n = 15$ ). According to Barcelona staging system HCC group were stage A ( $n = 13$ ), stage B ( $n = 10$ ), and stage C ( $n = 7$ ). HCC patients had either single focal lesion ( $n = 19$ ) or multiple focal lesions ( $n = 31$ ), lymph node involvement ( $n = 7$ ), or distant metastasis ( $n = 4$ ), but none had portal vein invasion. The laboratory parameters showed that CLD and HCC groups had a significant increase in AST, ALT, TBil, DBil, GGT, ALP, and AFP with a significant decrease in total protein TP, Alb, Hb, WBCs, and platelets relative to the control group, (all  $P < 0.05$ ). However, there was no statistically significant difference between the NCLD group and the NHC regarding DBil, TP, Hb, and WBCs (all  $P > 0.05$ ). The levels of DBil, GGT, and ALP increased while the level of Alb, TP, Hb, and platelets decreased in cirrhotic patients compared to NCLD or NHC (all  $P < 0.05$ ).

**Serum bile acid patterns in different stages of liver impairments**

Table 2 presents the comparison of serum bile acids across the four groups. The progress of liver disease was associated with an increase in the serum level of bile acids. The serum bile acids were significantly higher in CLD and HCC groups than either NCLD or NHC groups. Eight bile

**Table 2** Serum bile acids and fold changes in the studied groups

BA	NHC	NCLD	CLD	HCC	F, NCLD	F, CLD	F, HCC
CA	0.20 ± 0.3	0.6 ± 1.7 <sup>NS</sup>	0.5 ± 0.86*	1.7 ± 4*	3*	3*	9*
CDCA	0.38 ± 0.51	0.73 ± 1.2 <sup>NS</sup>	1.45 ± 1.91*	5.1 ± 14*	2*	4*	13*
DCA	0.15 ± 0.16	0.19 ± 0.11*	0.31 ± 0.40 <sup>NS</sup>	0.25 ± 0.39 <sup>NS</sup>	1	2*	2*
LCA	0.01 ± 0.03	0.03 ± 0.05*	0.05 ± 0.09*	0.11 ± 0.20*	3*	4*	9*
UDCA	0.04 ± 0.1	0.04 ± 0.08 <sup>NS</sup>	1.56 ± 5.01*	1.99 ± 6*	1	38*	48*
GCA	0.24 ± 0.33	0.43 ± 0.77 <sup>NS</sup>	3.77 ± 4.06*	8.4 ± 13*	2*	16*	35*
GCDCA	0.45 ± 0.66	0.86 ± 1.04*	7.7 ± 11.5*	12.5 ± 17*	2*	17*	29*
GDCA	0.24 ± 0.36	0.26 ± 0.33 <sup>NS</sup>	1.48 ± 2.9*	1.72 ± 7.2 <sup>NS</sup>	1	6*	7*
GUDCA	0.15 ± 0.2	0.07 ± 0.12*	5.2 ± 12.9*	9.4 ± 30*	0.5	35*	38*
TCA	0.01 ± 0.05	0.04 ± 0.09*	1.7 ± 2.7*	7.05 ± 16*	3*	113*	473*
TCDCa	0.11 ± 0.18	0.07 ± 0.15 <sup>NS</sup>	4.77 ± 13.8*	9.1 ± 16*	0.7	44*	83*
TDCA	0.07 ± 0.15	0.02 ± 0.03 <sup>NS</sup>	0.19 ± 0.36 <sup>NS</sup>	1.6 ± 6 <sup>NS</sup>	0.3	3*	24*
TLCA	0.006 ± 0.028	0.001 ± 0.002*	0.02 ± 0.07*	0.08 ± 0.3*	0.3	4*	13*
TUDCA	0.04 ± 0.12	0.01 ± 0.02 <sup>NS</sup>	0.09 ± 0.37 <sup>NS</sup>	0.90 ± 5.17 <sup>NS</sup>	0.3	2*	18*

NHC normal healthy control, NCLD noncirrhotic liver disease, CLD cirrhotic liver diseases, HCC hepatocellular carcinoma.  $N = 50$ , number of each group, values: mean ± standard deviation of bile acids (µM/L); F, fold changes relative to NHC. \* $P$  value < 0.05 indicates significance when NHC compared to either NCLD, CLD, or HCC. <sup>NS</sup> $P$  value > 0.05 indicates significance when NHC compared to either NCLD, CLD, or HCC

CA cholic acid, CDCA chenodeoxycholic acid, DCA deoxycholic acid, LCA lithocholic acid, UDCA ursodeoxycholic acid, GCA glycolic acid, GCDCA glycochenodeoxycholic acid, GDCA glycodeoxycholic acid, GUDCA glycooursodeoxycholic acid, TCA taurocholic acid, TCDCa taurochenodeoxycholic acid, TDCA taurodeoxycholic acid, TLCA tauroolithocholic acid, TUDCA tauroursodeoxycholic acid

acids (CA, CDCA, UDCA, TCA, GCA, GUDCA, TCDCA, and GCDCA) were significantly higher in CLD and HCC than in NHC or NCLD (all  $P < 0.05$ ). The fold change of bile acids relative to the NHC showed a pattern that  $HCC > CLD > NCLD$ , and the increase in the fold was mainly prominent in conjugated bile acids.

**Serum bile acids as potential marker of chronic liver impairment**

ROC analysis of the 14 serum bile acids evaluated the ability of bile acids to discriminate HCC from liver cirrhosis. Figure 1 displayed the results of the ROC curves of the 14 bile acids and their diagnostic performance. Five conjugated bile acids (GCA, GCDCA, GUDCA, TCA, and TCDCA) had the best diagnostic performance to separate HCC from NHC with AUC ranging from (0.792–0.963, all  $p < 0.05$ ) and to separate HCC from NCLD with AUC ranging from (0.795–0.966, all  $p < 0.05$ ). Bile acids did not discriminate HCC from CLD with AUC ranged from (0.414–0.638, all  $p > 0.05$ ). Table 3 summarizes the AUC, sensitivity, and specificity of the 14 bile acids at the cutoff points detected by Youden’s index of the ROC curves.

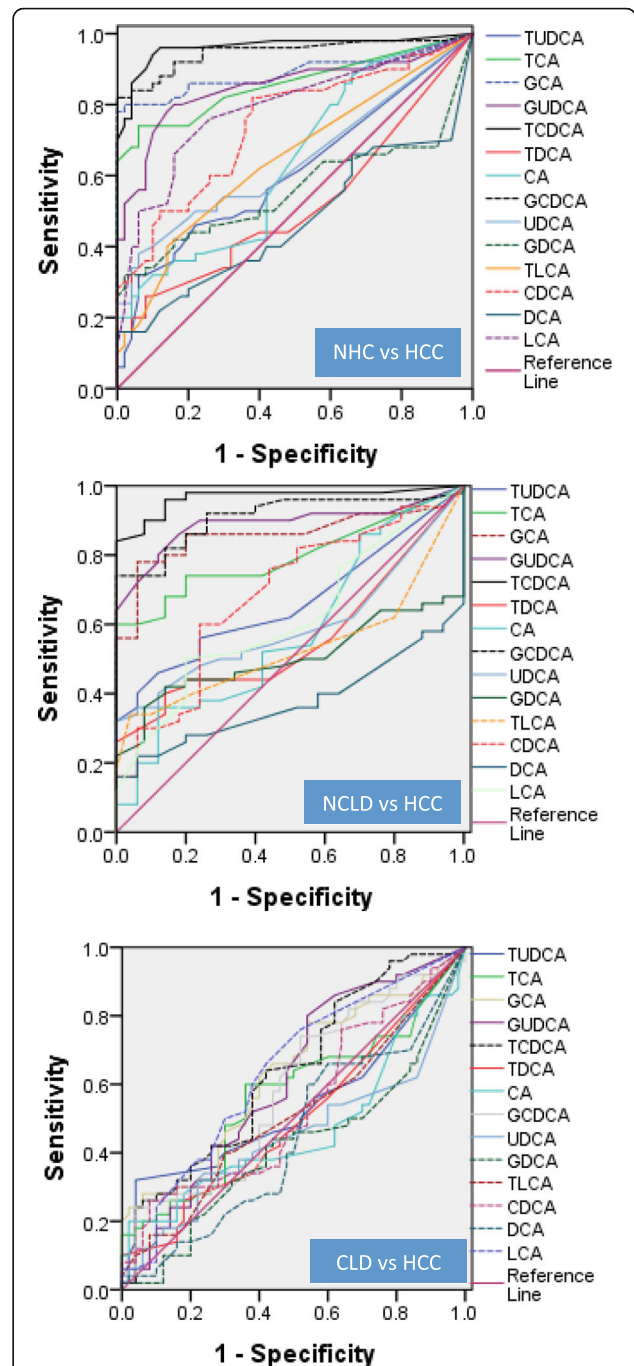
**The interaction of the serum bile acids with the clinicopathological aspect of HCC**

Table 4 presents the correlation between AFP and bile acids and multivariate analysis between bile acids and the clinicopathological parameter of HCC. Correlation analysis showed that among the 14 bile acids, CA,  $r = 0.285$   $p < 0.001$ ; LCA,  $r = 0.126$   $p < 0.033$ ; TCA,  $r = 0.117$   $p < 0.048$ ; TLCA,  $r = 0.128$   $p < 0.031$ ; and TUDCA,  $r = 0.656$   $p < 0.001$  were positively correlated with AFP.

Multivariate analysis of the clinicopathological feature of HCC (number of the focal lesion, lymph node involvement, metastasis, Child-Pugh score, and Barcelona stage of the disease) revealed that TLCA correlated with three of these clinical parameters, namely, lymph node involvement, number of focal lesions, and the Barcelona stage of HCC. GDCA is associated with metastasis. DCA, TDCA, and TLCA correlated with the Barcelona stage. Five bile acids, one primary and four conjugated bile acids (CDCA, GCA, GDCA, GUDCA, and TUDCA), are associated with the Child-Pugh score. Five bile acids (CA, GCDCA, LCA, TCDCA, and UDCA) did not correlate with any of these clinical parameters and were statistically insignificant ( $P > 0.05$ ).

**Discussion**

The study characterized the metabolic profile of 14 bile acids associated with different stages of liver diseases complicating chronic HCV infection in matched groups of patients with NCLD, LCD, and HCC utilizing a metabolomics approach employing ultrahigh-performance liquid chromatography-tandem mass spectrometry. The



**Fig. 1** Receiver operating characteristic curves for the 14 bile acids in the NHC, NCLD, and HCC: the corresponding analytical data obtained from ROC curve analysis including AUC, the cutoff point at the Youden’s index, the sensitivity, and the specificity of each bile acid are summarized in Table 3. NHC, normal healthy control; NCLD, noncirrhotic liver disease; CLD, cirrhotic liver diseases; HCC, hepatocellular carcinoma; TUDCA, tauroursodeoxycholic acid; TCA, taurocholic acid; GCA, glycholic acid; GUDCA, glycooursodeoxycholic acid; TCDCA, taurochenodeoxycholic acid; TDCA, taurodeoxycholic acid; CA, cholic acid; GCDCA, glycochenodeoxycholic acid; UDCA, ursodeoxycholic acid; GDCA, glycodeoxycholic acid; TLCA, tauroolithocholic acid; CDCA, chenodeoxycholic acid; DCA, deoxycholic acid; LCA, lithocholic acid

**Table 3** Analytical data obtained from ROC curve analysis of 14 Bile acid. The AUC, the cutoff point at the Youden's index, the sensitivity, and the specificity of each bile acid

BA	NHC vs. HCC				NCLD vs. HCC				CLD vs HCC			
	AUC	Cutoff	Sen%	Spe%	AUC	Cutoff	Sen%	Spe%	AUC	Cutoff	Sen%	Spe%
CA	0.640	0.005	88	34	0.577	0.35	36	88	0.469	2.9	20	98
CDCA	0.743	0.215	82	62	0.684	0.51	60	76	0.532	3.35	26	92
DCA	0.470	0.55	16	100	0.375	0.365	22	94	0.442	0.045	66	40
LCA	0.792	0.001	76	74	0.614	0.035	50	80	0.638	0.001	76	48
UDCA	0.643	0.12	38	94	0.594	0.325	32	100	0.447	0.325	32	78
GCA	0.889	1.55	78	100	0.859	1.35	78	94	0.626	1.45	78	46
GCDCA	0.948	1.705	84	96	0.910	3.15	74	100	0.584	3.1	74	48
GDCA	0.558	1.015	32	98	0.502	0.405	42	86	0.414	32.2	2	100
GUDCA	0.850	0.22	80	84	0.891	0.15	86	82	0.612	0.215	80	46
TCA	0.859	0.025	74	94	0.795	0.475	60	100	0.563	0.435	60	64
TCDCa	0.963	0.21	96	88	0.966	0.55	84	100	0.635	0.55	84	38
TDCA	0.516	0.375	20	96	0.559	0.11	26	100	0.496	1.025	10	100
TLCA	0.648	0.002	40	86	0.533	0.007	34	96	0.508	0.002	40	70
TUDCA	0.611	0.125	32	94	0.662	0.055	46	88	0.536	0.115	32	96

NHC normal healthy control, NCLD noncirrhotic liver disease, CLD cirrhotic liver diseases, HCC hepatocellular carcinoma, BA bile acid, N = 50, number of each group, ROC receiver operator characteristic, AUC Area under curve, Sen. sensitivity, Spe. specificity. AUC > 0.8 indicates significant relation  
 CA cholic acid, CDCA chenodeoxycholic acid, DCA deoxycholic acid, LCA lithocholic acid, UDCA ursodeoxycholic acid, GCA glycolic acid, GCDCA glycochenodeoxycholic acid, GDCA glycodeoxycholic acid, GUDCA glyoursodeoxycholic acid, TCA taurocholic acid, TCDCa taurochenodeoxycholic acid, TDCA taurodeoxycholic acid, TLCA tauroolithocholic acid, TUDCA taoursodeoxycholic acid

changes in the serum bile acids level in the noncirrhotic patients compared to healthy controls were trivial, indicating that the liver can handle the insult without compromising the pool of the bile acids. Four conjugated bile acids, namely GCA, GCDCA, GUDCA, and TCDCa, significantly increased in cirrhotic patients compared with noncirrhotic and were consistent with the clinical and biochemical parameters and thus could be observed as biomarkers of the progress of the liver cirrhosis disease.

In agreement with Zhao et al., this study also found an increase in the conjugated bile acids more than the unconjugated bile acids in cirrhotic and HCC patients, suggesting that conjugated bile acids may reflect the progress of the chronic liver cirrhosis to HCC [25]. Abnormal metabolism of bile acids and oxidative stress are early metabolic changes observed during the progression of liver cirrhosis to early stages of HCC as they can trigger DNA damage and induce apoptosis [26, 27]. An increase in conjugated bile acids has long been recognized in patients with hepatobiliary diseases such as viral hepatitis, cirrhosis, and cholangiocarcinoma [28]. Bile acid conjugation results in less toxic and more water-soluble bile acid types, thus protecting against cellular damage from such toxic compound that triggers oxidative stress and stimulates cell death signaling [22]. Yang et al. found upregulation of bile acids GCDCA, GDCA, and GCA in patients with hepatitis B compared to healthy control s[25]. Yin Wan et al. detected upregulation of

**Table 4** Bile acids correlation analysis with AFP and their multivariate analysis with HCC clinical parameters

BA	Pearson Correlation AFP	Multivariate analysis, F test				
		# FL	LN	Met	CHP-S	B. stage
CA	0.29*	0.40 <sup>NS</sup>	0.07 <sup>NS</sup>	1.03 <sup>NS</sup>	2.39 <sup>NS</sup>	0.71 <sup>NS</sup>
CDCA	0.01 <sup>NS</sup>	0.07 <sup>NS</sup>	0.13 <sup>NS</sup>	1.27 <sup>NS</sup>	3.21*	0.12 <sup>NS</sup>
DCA	-0.04 <sup>NS</sup>	1.82 <sup>NS</sup>	3.88 <sup>NS</sup>	0.39 <sup>NS</sup>	1.62 <sup>NS</sup>	4.02*
LCA	0.13*	1.40 <sup>NS</sup>	1.75 <sup>NS</sup>	1.34 <sup>NS</sup>	0.46 <sup>NS</sup>	0.45 <sup>NS</sup>
UDCA	-0.02 <sup>NS</sup>	1.53 <sup>NS</sup>	0.16 <sup>NS</sup>	0.91 <sup>NS</sup>	2.34 <sup>NS</sup>	0.03 <sup>NS</sup>
GCA	0.04 <sup>NS</sup>	0.76 <sup>NS</sup>	0.10 <sup>NS</sup>	0.26 <sup>NS</sup>	28.15*	0.45 <sup>NS</sup>
GCDCA	0.08 <sup>NS</sup>	0.01 <sup>NS</sup>	0.00 <sup>NS</sup>	0.11 <sup>NS</sup>	2.38 <sup>NS</sup>	0.37 <sup>NS</sup>
GDCA	-0.01 <sup>NS</sup>	0.29 <sup>NS</sup>	0.34 <sup>NS</sup>	5.07*	1.33 <sup>NS</sup>	0.58
GUDCA	0.06 <sup>NS</sup>	0.77 <sup>NS</sup>	0.14 <sup>NS</sup>	0.48 <sup>NS</sup>	2.67*	0.29 <sup>NS</sup>
TCA	0.10*	0.12 <sup>NS</sup>	0.41 <sup>NS</sup>	0.31 <sup>NS</sup>	14.90*	2.49 <sup>NS</sup>
TCDCa	0.07 <sup>NS</sup>	0.08 <sup>NS</sup>	0.30 <sup>NS</sup>	0.20 <sup>NS</sup>	0.61 <sup>NS</sup>	0.62 <sup>NS</sup>
TDCA	-0.01 <sup>NS</sup>	1.63 <sup>NS</sup>	0.02 <sup>NS</sup>	0.13 <sup>NS</sup>	0.18 <sup>NS</sup>	18.14*
TLCA	0.13*	4.46*	7.14*	1.26 <sup>NS</sup>	1.38 <sup>NS</sup>	4.44*
TUDCA	0.66*	0.00 <sup>NS</sup>	0.00 <sup>NS</sup>	0.00 <sup>NS</sup>	4.11*	0.00 <sup>NS</sup>

BA bile acid, HCC hepatocellular carcinoma, N = 50; FL number of focal lesions, LN lymph node, Met metastasis, CHP-S Child-Pugh Score, B. stage Barcelona stage of HCC, \* indicates P value < 0.05 and presence of a significant correlation. <sup>NS</sup> indicates P value > 0.05 and absence of a significant correlation  
 CA cholic acid, CDCA chenodeoxycholic acid, DCA deoxycholic acid, LCA lithocholic acid, UDCA ursodeoxycholic acid, GCA glycolic acid, GCDCA glycochenodeoxycholic acid, GDCA glycodeoxycholic acid, GUDCA glyoursodeoxycholic acid, TCA taurocholic acid, TCDCa taurochenodeoxycholic acid, TDCA taurodeoxycholic acid, TLCA tauroolithocholic acid, TUDCA taoursodeoxycholic acid

four bile acids, GCA, GCDCA, TCA, and TCDCA in cirrhotic patients [23].

In the current study, bile acids profiles did not distinguish HCC from liver cirrhosis, although, GCDCA, GCA, GUDCA, and TCDCA tended to be higher in HCC but without evident statistical significant difference. Several metabolomics studies have identified metabolite expression profile differences between HCC and healthy controls [2, 29], however, as HCC is usually present in patients with liver cirrhosis, it is more relevant to consider cirrhotic patients as a control rather than healthy subjects. The current study had the privilege of including both the NCLD and CLD groups to reflect the progress of liver cirrhosis. Fewer studies reported metabolomics profile differences between HCC and liver cirrhosis [30, 31]. Resson et al. characterized the metabolic changes relating to HCC in patients with liver cirrhosis and found that bile acids reduced in HCC relative to cirrhosis [32]. Xiao et al. detected a downregulation of three bile acids, GCA, GDCA, and GCDCA, in HCC compared to liver cirrhosis [33]. Chen et al. identified four bile acids CA, GCA, DCA, and GCDCA, altered differently in HCC from liver cirrhosis [2]. The interaction of the bile acids with the clinicopathological features of HCC showed that five bile acids, one primary (CDCA) and four conjugated (GCA, GDCA, GUDCA, TUDCA), correlated with the Child-Pugh score with a predominance of the glycoconjugates form of bile acids. Another three bile acids, one primary (DCA) and two taurine-conjugated (TDCA, TLCA), bile acid correlated with the Barcelona stage of the disease. Therefore, the metabolic profile of these bile acids may predict the progress of liver cirrhosis to HCC [34]. As this study lacks the HCC group without cirrhosis, therefore, the effect of the associated background cirrhosis as a confounding factor could not be ignored, and further studies with noncirrhotic HCC are required to confirm these findings. The limitation of the study is as follows: although patients groups were matched by demographic and clinical characteristics to control factors that may confound interpretation of the bile acids data yet, other diseases such as diabetes, obesity, metabolic syndrome, cardiovascular disease, and gastrointestinal microbiota are related to bile acids metabolism. Therefore, the coexisting of these diseases with liver cirrhosis adds layers of complexity to metabolomics profiling of bile acids [35–38]. The primary objective of this work was to examine the disturbance of bile acids in HCV-induced liver cirrhosis complicated by HCC. Further studies integrating HCC metabolomics data and the relationship of serum bile acid to the direct-acting antiviral agents (DAAs) are needed to delineate the complicated relationship with the other diseases that might confound the result.

## Conclusion

This study characterized the metabolic profile of 14 bile acids in serum in patients with post HCV liver dysfunction ranging from non cirrhosis, cirrhosis, and hepatocellular carcinoma using UPLC-MS/MS methods. The level of conjugated bile acids GCA, GCDCA, GUDCA, and TCDCA were consistently higher in HCC than in NCLD and showed a tendency to be higher in HCC than CLD but without evident statistical significant difference. The increase in the serum bile acids level in patients with HCV-induced liver cirrhosis might serve as warning biomarkers for the progress of liver cirrhosis disease but not HCC.

## Abbreviations

NHC: Normal healthy control; NCLD: Noncirrhotic liver disease; CLD: Cirrhotic liver diseases; HCC: Hepatocellular carcinoma; CA: Cholic acid; CDCA: Chenodeoxycholic acid; DCA: Deoxycholic acid; LCA: Lithocholic acid; UDCA: Ursodeoxycholic acid; GCA: Glycholic acid; GCDCA: Glycochenodeoxycholic acid; GDCA: Glycodeoxycholic acid; GUDCA: Glycoursodeoxycholic acid; TCA: Taurocholic acid; TCDCA: Taurochenodeoxycholic acid; TDCA: Taurodeoxycholic acid; TLCA: Taurolithocholic acid; TUDCA: Tauroursodeoxycholic acid; AST: Aspartate transaminase; ALT: Alanine transaminase; GGT: Gamma-glutamyl transferase; ALP: Alkaline phosphatase; TBil: Total bilirubin; DBil: Direct bilirubin; TP: Total protein; Alb: Albumin; Hb: Hemoglobin; WBCs: White blood cells; HBV: Hepatitis B virus; HCC: Hepatocellular carcinoma; HCV: Hepatitis C virus; AASLD: American Association for the Study of Liver Diseases; AFP: Alpha-fetoprotein; BCLC: Barcelona Clinic Liver Cancer; CT: Computed tomography; ESAL: European Association for the Study of the Liver; NMR: Nuclear magnetic resonance; TNM: (T) tumor, (N) nodes, (M), metastases; FL: Focal lesions; LN: Lymph node; Met: Metastasis; CHP: Child-Pugh; HFL: Hepatic focal lesion; PV: Portal vein

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## Authors' contributions

A.S: optimized the UPLC/MS/MS method and performed the experiments. E.A: collection of clinical data and gaining ethical approval. M.O: study design and involved in protocol development. H.S: study concept and contributed reagents, materials, and analysis tools. M.B: help in UPLC/MS/MS method. A.K: corresponding author, analyzed the data, wrote and edited the manuscript. All authors reviewed and edited the manuscript and approved the final version of the manuscript.

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## Availability of data and materials

The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request.

## Declarations

### Ethics approval and consent to participate

The research ethics committees of the National Liver Institute (IRB00003413), Menoufia University, approved the research proposal and the protocols to comply with national research guidelines. Patients provided informed written consent for the use of tissue for research purposes.

### Consent for publication

Obtained from all participants.

**Competing interests**

The authors declare they do not have any conflict of interest.

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